Dear Vendors, Volunteers, Members;

It is time for you to start sending in your favorite recipes that use Jonesborough Farmers Market and Boone Street Market ingredients for our Jonesborough Locally Grown “Grow and Cook” Book. The most important contribution for this project is your submitting recipes for our book!

Don’t worry about the format. But do follow these guidelines:

* List ingredients in order of use and indicate if they should be chopped, minced, melted, etc.
* Include accurate package sizes and to provide the pan sizes needed for each recipe. In other words, measurements should be as precise as possible.
* Baking times should be accurate and give a test for doneness. (e.g., Bake for 45 to 50 minutes, until golden. Cool completely, then cover and refrigerate overnight.)
* Indicate whether to cook a recipe covered or not.
* Indicate if you can make it ahead of time and if it can be frozen and/or reheated.
* Indicate the number of servings.

**Please submit recipes to:** [**jlgcookbook@gmail.com**](mailto:jlgcookbook@gmail.com)

We will be taking recipes all season long, but if you have time while we wait for spring, please send them in!

If you want to get involved with this project, there are many ways: we are investigating possible sources of funding for covering the up-front costs of printing; exploring publishers, investigating the self-publish process; the time line for the project, as well as discussions on design and photography.  If you have experience in these areas, and wish to help, please contact us.

Sincerely,

The Cook Book Committee